

Newbie's Guide To Twitter

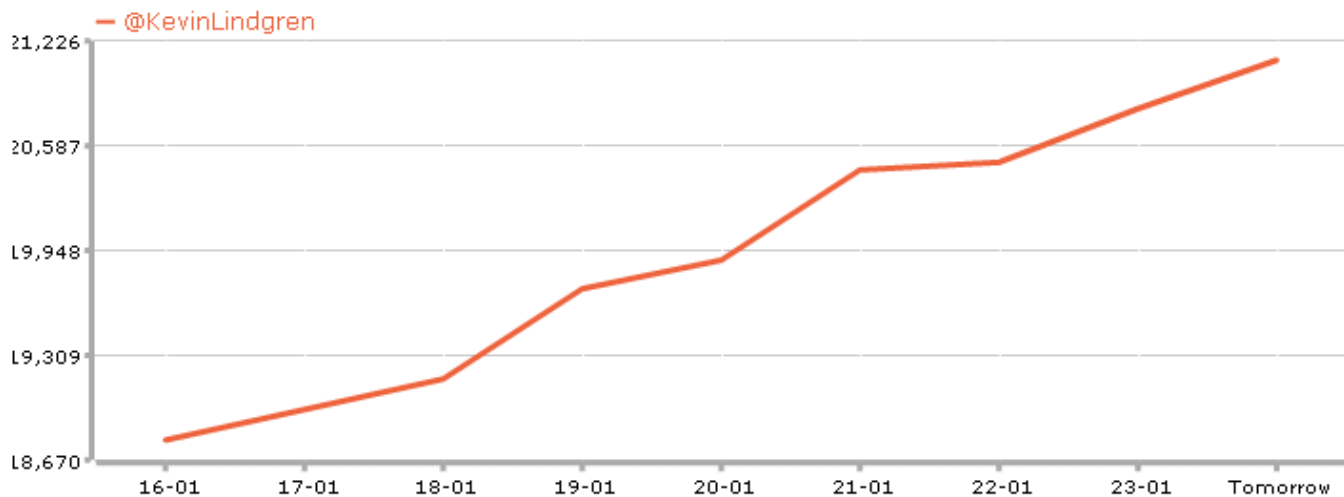
How To Get 1,000 New Followers Every Week!



Kevin Lindgren

This guide will show you how to get 1,000 new Twitter followers each and every week, for FREE! Twitter is a network of millions of people, who share short bits of information. When used correctly, Twitter is a goldmine for any business!!! Twitter like any "Social Networking Site" does not tolerate SPAM! Don't spam your followers by sending them links to your business every 5 minutes, or you risk losing your Twitter account!

I have proof that this works, just look at the graph below for a 1-week period of time!



First you will need a Twitter account.
Click the button to Join for Free!



Kevin Lindgren
 Location: Oregon, USA
 Bio: Helping people succeed is what I do!
 21,095 following, 20,813 followers, 71 listed
 420 Tweets

That's you!

He that is overcautious will accomplish little.
 3:31 AM Jan 21st from web

Don't talk about what you have done or what you are going to do.
 1:29 AM Jan 21st from web

You are what you think. You are what you go for. You are what you do!

Now it is time to set-up your Twitter account. This only takes a few minutes, but you can customize your account later. You can change settings, your picture, and the design any time you wish. Let's start with your settings. Click "Settings" on the top of your Twitter page to get started.

You will now see the screen below. Here you can enter a few details about you. You can enter a URL of your website or blog for all your followers to see, along with a one line biography.

Account Password Mobile Notices Picture Design Connections

Name
Enter your real name, so people you know can recognize you.

Username Your URL: <http://twitter.com>
KevinLindgren
No spaces, please.

Email

Time Zone ▼

More Info URL
Have a homepage or a blog? Put the address here.
(You can also add [Twitter to your site here](#))

One Line Bio

Account

From here you can change your basic account info, fill in your profile data, and set whether you want to be private or public.

Tips

Filling in your profile information will help people find you on Twitter. For example, you'll be more likely to turn up in a Twitter search if you've added your location or your real name.

Change your Twitter user name anytime without affecting your existing tweets, @replies, direct messages, or other data. After changing it, make sure to let your followers know so you'll continue receiving all of your messages with your new user name.

Protect your account to keep your tweets private. Approve who can follow you and keep your tweets out

Now it is time to set your notices. If you plan on getting hundreds or even thousands of Twitter followers, you need to uncheck these boxes or you will get swamped with emails.

Next you want to upload a picture. It is very powerful to "Brand Yourself", so I recommend that you use your own picture. You can also use a picture related to your business. To upload a file, just click the browse button and find the picture on your computer that you want to use.

twitter Home Profile Find People Settings Help Sign out

KevinLindgren's settings

Account Password Mobile Notices Picture Design Connections

New Follower Emails: Email when someone starts following me

Direct Text Emails: Email when I receive a new direct message

Email Newsletter: I want the inside scoop—please send me email updates!

Notices

These settings control how much we bug you about various things.

Tips

Nudge only works if you have a registered device and it is on.

Be sure your email is correct in account settings to receive emails.

twitter Home Profile Find People Settings Help Sign out

KevinLindgren's settings

Account Password Mobile Notices Picture Design Connections

Maximum size of 700k. JPG, GIF, PNG.

Picture

Your Twitter profile pic helps instantly identify you to those following you -- and tells those who aren't more about you.

Tips


A real picture of yourself is encouraged. It adds personableness to your tweets.

Because the images are usually seen in a small version, a crop of your face works best.

Now it is time to sign up for a FREE Socialoomph account. Socialoomph has many extra features for upgraded members, but for our purposes, a Free account works just fine.

Click the banner below to sign up for your Free account.






"I am SO GRATEFUL for the features of SocialOomph and look forward to a long partnership," HowdyDesa wrote.

[Login or Register](#)
Formerly TweetLater.com

[Not Sure How To Get Revenue With Facebook?](#)

Featured



EarthBlog: *Earth Blog, Earth*
The Earth Is In Our Hands: Earth Blog helping the World one tweet at a time. Join us. EarthPrize.com coming soon. EARTH PRIZE Rewarding Good Ideas from 2011. **Web:** <http://earthblog.com>
Joined: 2009-12-13, **Following:** 185, **Followers:** 196, **Updates:** 553

[Click Here](#)

Feature Yours

[Login](#)

[Register](#)

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[Read Our Blog](#)

[What's New](#)

[Submit Support Ticket](#)

[Follow On Twitter](#)

[Fan Us On Facebook](#)

[Affiliate Program](#)

[DM Opt-Out](#)

[Get Our Newsletter](#)

Join more than 161,760 satisfied users -->
We are the trusted and preferred productivity solution for more than 182,460 Twitter accounts.

Base Features	Free	Professional
Schedule tweets — Plan, set & forget [more]	(Twitter, StatusNet) <input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Track keywords — Empower yourself [more]	(Twitter) <input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Extended Twitter profiles — Promote yourself [more]	(Twitter) <input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Save and reuse drafts — Save hours of typing [more]	(Twitter, StatusNet) <input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Send DMs to new followers — Automate [more]	(Twitter, StatusNet) <input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Bit.ly URL shortening — Track those clicks [more]	(Twitter, StatusNet) <input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

[Click](#) **REGISTER NOW**

Register Your Account:

This is separate from Twitter.

Your username and password are not your Twitter username and password, they are for your Socialoomph account.

You can use your main email because you will not get many emails from this site.

If you have a "Bit.ly" account you can enter your information about that account, but is not necessary.

Once you are finished filling out the form, click the button at the bottom that says: Create Free Account.



"The new Friend Finder feature is brilliant and nicely integrated as always; no wonder you broke the 100,000 mark," Ritchie Pettauer wrote.

[Not Sure How To Get Revenue With Facebook?](#)

Featured



EarthBlog: *Earth Blog, Earth*
The Earth Is In Our Hands: Earth Blog helping the World one tweet at a time. Join us. EarthPrize.com coming soon. EARTH PRIZE Rewarding Good Ideas from 2011. **Web:** <http://earthblog.com>
Joined: 2009-12-13, **Following:** 185, **Followers:** 196, **Updates:** 553

Register a New Account

Please fill out the form below to register an account.

Username:
This is **not** your Twitter username. It's a username (min 3, max 40 chars) of your choosing for logging on to SocialOomph.

Password:
This is **not** your Twitter password. It's a password (min 6, max 40 chars) of your choosing for logging on to SocialOomph. The password is case-sensitive.

Re-enter Password:

Email Address:

Re-enter Email Address:

First Name:

Last Name:

Time Zone: (GMT) Greenwich Mean Time : Dublin, Edinburgh, Lisbon, London

Preferred Date Format: mm/dd/yyyy 12-hr clock (12/31/2008 11:00 PM)

@Replies: Number Of Tweets Displayed on @Replies Bird's Eye View

Bit.ly Login:
Enter your bit.ly API credentials here, and SocialOomph will shorten your links using your bit.ly account. If you leave these two Bit.ly fields blank, the system will use several other URL shortener services.

Bit.ly API Key:

OpenID: [What is this?](#)

Bot Prevention:






stop spam. read books.

[Create Free Account](#)

You will receive an email from Socialoomph that you want to save. You may need to confirm your account, just follow the directions provided. The email should give you your Log-In details, including your username and password.

Log-In to Socialomph

Remember that the username and password are NOT for Twitter, but for your Socialomph account.

Make sure you bookmark the Log-In page!

Click the text below to go to the Log-In page.

Socialomph Log-in Page

This is your main page you will see each time you Log-In.

Now you want to add your Twitter account. To do this just put your mouse over "Social Accounts". A set of options opens to the right, put your mouse over "Add New Account". Again more options open to the right. Click on "Add Twitter".

Add a New Twitter Account

This is where you enter your Twitter Information.

Fill in your Twitter username and password. You also need to enter the captcha image that is provided.

DON'T save this yet, your not finished setting this up.

NOTE: If you change your Twitter username or password, you need to change it here too.

Optional Twitter Account Automation

IMPORTANT: When you add your account, you won't see any new followers being processed for twelve hours. Right now, that's how long we wait before we do the first check for new followers. *New followers* mean folks who've followed you since the last time we took a snapshot of your list of followers. We take the first snapshot when you add your account here. Hence, twelve hours from now, we will process all the folks who followed you between now and then.

Select the "Auto Welcome" Feature ----->

Now you need a message. This will be sent to every person that follows you as a direct message.

I recommend that you says thanks for following me and provide a link to your blog or business.

Select Auto Follow ----->
Leave Vet Followers blank ----->

Select Auto Unfollow ----->

DON'T check @replies unless you wish to receive a bunch of emails.

Click SAVE ----->

You are done setting up your Twitter account at Socialomph. But since we are here, let me show you another feature that will save you a bunch of time.

Regardless of what you may have read on an external website, **please do not forward any emails to twitterfollow@tweetlater.com**. Those instructions are out-dated. We don't need the emails anymore.

Auto Welcome: Automatically send a welcome message to new followers.

Message Sending Method: All welcome messages are sent as Direct Messages.

Send This Message: [How to rotate welcome messages \(and why you should\).](#)

Best Practise: The message should not be about you, it should be about your follower and your future interaction with your follower.

Write a very simple welcome message. If you really want folks to unfollow you, then try and sell them something with this first welcome message. Very few people like that. Be careful even if you're giving away something for free. The purpose of this message is to say hello and welcome. Most people take a dim view of you when you do any kind of self-promotion with this message. If your message smells remotely like, "Hi, thanks for the follow, now buy my stuff or do something that will benefit me or check out how cool I am," then you really are misusing this welcome message. Don't send what you wouldn't like to receive from others.

Auto Follow: Automatically follow people (new followers) who follow me from this point forward.

Vet Followers: If you select this option, the above automation actions will only be executed once you've manually approved a new follower with our vet new followers feature. If you do not select this option, the above automation actions will take place without your intervention. **Selecting this option without selecting at least one of the automation options above does absolutely nothing.** If you don't automate your account with the options above, then there is nothing to vet.

Auto Unfollow: If you select this option, SocialOomph will automatically unfollow those folks who unfollow you. To protect you from any system glitches, we will never unfollow more than ten people in one single go.

SocialOomph's auto unfollow **does NOT** mean, "When I click the Save button, look at everyone I'm following right now and unfollow everyone who is not following me (in other words, unfollow everyone who has unfollowed me in the past)."

SocialOomph's auto unfollow **DOES** mean, "When I click the Save button, start unfollowing everyone who unfollows me from that point forward."

Optional @Replies Digest Email

If you find that you sometimes get too busy to check your replies in Twitter, this option will email you a digest of the replies other folks sent you. We collect and send you the new replies you received on your Twitter account since the last digest email we sent you.

This option is integrated with the Keyword Alerts feature. If you already have keyword alerts configured, the system will add a keyword with your @name. Otherwise it will configure your keyword alerts to send you an email with your @replies once every 12 hours.

@Replies Digest: Email me an @replies digest.

Save



Manage multiple accounts on one page with TweetCockpit. Click Monitors, TweetCockpit in the menu.

Go back to the main page, and click on "Schedule New Update".



EarthBlog: *Earth Blog, Earth*
The Earth Is In Our Hands. Earth Blog helping the World one tweet at a time. Join us. EARTH PRIZE
Rewarding Earth Changing Ideas from 2011. www.earthprize.com **Web:** <http://earthblog.com>
Joined: 2009-12-13, **Following:** 185, **Followers:** 197, **Updates:** 554

Click Here

Feature Yours

NEW FREE FEATURE ALERT! - Sunday, January 24th

Ever wished you could enter more text and insert more links in your profile on Twitter? Now you can, with our free extended Twitter profile feature. Get all the details in [this article](#). This feature is available to free and paid users. To access it, select "Social Accounts, Extended Profiles" in the menu. Check out our [extended profile](#) as an example.



- [Main Landing Page](#)
- [Schedule New Update](#)
- [Schedule Blog Post](#)
- [Social Accounts](#) ▶
- [Blogs](#) ▶
- [Scheduled Updates](#) ▶
- [Direct Messages](#) ▶
- [Followers/Friends](#) ▶
- [Monitors](#) ▶
- [Banner Auctions](#)

Where Do You Want To Go Today?

Click Here to Test Drive SocialOomph Professional

[Manage My Scheduled Updates and Account Automation](#)

[Delegate the Management of a Social Account](#)

[View All My Scheduled Updates](#)

[Add a New Scheduled Update](#)

This is the New Update Page

New Update



From this page you can post directly to Twitter, and other social sites depending on your membership level.

First type in your tweet. Remember that this can only be 140 characters long.

If you need to, you can save as a draft to reuse later ----->

You can publish right now ---> OR publish at a later time ---->

With this option, you can save a bunch of time! Instead of going to Twitter several times a day, you can do several tweets and spread them out over time.

Now you select which accounts to send to. You can select multiple accounts by holding down the "Shift Key" and clicking the account.

You click Save after each Tweet

This shows you the status of your Tweets.

The scheduled time is in your local (GMT-08:00) Pacific Time (US & Canada); Tijuana time zone. For tweets destined for Twitter, please ensure that your tweets are within the Twitter spam guidelines and terms of service [here](#) and [here](#). Specifically, Twitter considers it as spam "if you post duplicate content over multiple accounts or multiple duplicate updates on one account," and they will suspend your account for doing that.


Update Text:

[Shorten URLs](#)

0 characters entered.


Save As Draft: Save this update text as a draft that can be reused later.

Publish When: Publish right now (will be published within 60 seconds)
 Publish hour(s) from now




Or publish at this exact time:
 
mm/dd/yyyy hh:mm am/pm - [Change your date format](#)

Recurrence: *With [SocialOomph Professional](#), you can schedule recurring updates with spinnable text (not on Twitter accounts) and @replies, plus the 12 updates per hour limit does not apply. Make your updating even more effective and productive.*

Account(s):

Publish update on these accounts 

[Save](#)

	TIME	ACCOUNT	UPDATE	RECUR	ACTIONS
	01/21/2010 07:05 am, Thu	KLLindgren	If you need to get your site seen NOW, check this FREE site out! http://kladvertising.ws		Published  

~IMPORTANT NOTE~ It is against Twitter policy to post the same information to multiple accounts, or to post the same thing multiple times to one account. This is not only very annoying, but will get your Twitter account(s) shut down!

Twitter is like any Social Media site in the fact that you need the "Know, Like, Trust" factor.

You need to post helpful and relevant information on a regular basis for people to start to know you.

You must be courteous and share helpful information or quotes for people to like you.

You must be honest and not try to mislead people for them to start to trust you.

I suggest that you post somewhere between 3 and 10 times per day, spreading out your posts at least 30 minutes apart.

You should be posting helpful information, not just a link to your site. I suggest that you post about 5 helpful hints or quotes, and then post a link to your site. Then post another 5 helpful hints or quotes before you post any link.

If you post too many links, people may be annoyed and unfollow you, or even block you. If a large number of people block you, Twitter will suspend your account and investigate.

As long as you follow the above guidelines, you should have no trouble, and will see results.

Have fun with your Twitter account. Getting to know new people and cultures is exciting. You may even make some great friends and contacts which will help grow your business even faster!

Now that you have your Twitter and Socialoomph accounts set-up, it's time to start adding followers. There are many sites, both Free and Paid, that will help you get followers. I will show you a site which I have found to be very easy, safe, and dependable. It is called Buzzom and you can stay a Free member for our purposes. You don't even need to create an account, but you do need to bookmark the page, because you will need to return every few days. Click the banner on the right to go to Buzzom.com.



This is the Buzzom Home Page.

Each time you visit Buzzom, you need to log into your Twitter account. To add followers, click on "Twitter Account Management".



The screenshot shows the Buzzom Premium website. At the top, there's a navigation bar with "Home", "TwitIn", "Feed", and "Sta". Below that is a search bar with the text "Search people" and a "Login with Twitter" button. The search bar contains "Enter Keyword" and a "GO!" button. Below the search bar are filters for "Search in" with options for "Bio", "Name", "Location", and "Tweet". The main content area features a "Check Out Buzzom's New Product" banner. Underneath, there are three columns of features: "Twitter Account Management" (Personalized Dashboard, Daily Email Updates, Monitor Followers/ Following Trend, Random and Keyword based Follow), "Tweet While You Sleep" (Reach your network 24*7, Schedule updates/ Replies/ DM's, Repeat your Updates, Monitor your Scheduled Status), and "Track" (Mor, Mor, Cus, Fite). At the bottom, there are two service cards: "Twitter Account Management" with the tagline "Twitter like never before" and "Feed Management" with "Reach your network 24hrs".

This will bring you to a page which will allow Buzzom to access your Twitter information. If you only have 1 Twitter account, you can just stay logged into Buzzom, and you won't need to enter your Twitter account info each time, just allow Buzzom.

Once you have your username and password entered, just click allow.

The screenshot shows a Twitter authorization dialog box. At the top, it says "twitter" in a blue font. Below that, there's a Buzzom logo and the heading "An application would like to connect to your account". The text explains that the application "Buzzom by InRev Systems" would like to access and update the user's data on Twitter. It includes a link to "Sign up and Join the Conversation!". Below the text are two input fields: "Username or Email:" and "Password:". At the bottom, there are two buttons: "Deny" (red) and "Allow" (green).

This is the main Buzzom page that you see after you have logged into your Twitter account. You start by clicking one of the large Blue buttons, either Flush, Grow, or Reciprocate. If you have a new account you need to start with "Grow" to get followers. Once you have an established Twitter account, you will need to start with "Flush" or "Reciprocate", and then you "Grow".

Under your Twitter account name and picture you will see a Twitin Score. This is not very important, but is based on how many followers you have, how many you are following, how many tweets you make, and how many re-tweets. You also see 5 categories with numbers next to them which tells you about your Twitter account.

- Followers: People that are following you.
- Following: The people that you are following
- Friends: People that are following you AND you are following back.
- Stars: People that you are following, but are NOT following you back.
- Fans: People that are following you, but you are NOT following back.

As a common courtesy, I follow my "Fans" back. This will save you a lot of work.

As you can see, I have 217 "Fans", so I need to start with "Reciprocate". If you have a new account, you need to start with "Grow". After you "Grow" to get new followers, you need to wait around 36 to 48 hours to allow people to follow you.

1) Reciprocate Click the large blue "Reciprocate" button to start, allowing the page to completely load. This can take a few moments depending on how busy Buzzom, and Twitter are. If you have enough Fans, 50 will be displayed each time. After they have all loaded, click on the " ALL" next to Select. Now you see 5 smaller buttons with different options. After you have selected "ALL", you click on the Small "Reciprocate" button to follow your Fans.

STEP A: Select All

STEP B: Click the Small Reciprocate button.

After you have done this a time or two, you will want to have another tab open and be working on something else. Depending on how busy Twitter and Buzzom are, this process can sometimes take up to an hour.

First you will see "Processing Your Request"
This is Buzzom carrying out your request.

After this process is complete, you will see how many you selected, and how many were added.

Flush **Grow** **Reciprocate**

Unfollow who are not following you Grow network, follow new people Follow your followers back

Flush **Grow** **Reciprocate**

Unfollow who are not following you Grow network, follow new people Follow your followers back

processing your request.

Select : [All](#) | [None](#) [Follow & Lock](#) [Block](#) [Reciprocate](#) [Refresh List](#) [More](#)

<input checked="" type="checkbox"/>	 Wizard University (WizardUbiz) Followers 1610, Following 2001	Detail ▾
<input checked="" type="checkbox"/>	 Find More Savings (findmoresavings) Followers 1767, Following 1940	Detail ▾

Added : 50, Selected : 50

Select : [All](#) | [None](#) [Follow & Lock](#) [Block](#) [Reciprocate](#) [Refresh List](#) [More](#)

<input checked="" type="checkbox"/>	 Wizard University (WizardUbiz) Added Followers 1610, Following 2001	Detail ▾
<input checked="" type="checkbox"/>	 Find More Savings (findmoresavings) Added Followers 1767, Following 1940	Detail ▾
<input checked="" type="checkbox"/>	 Barbara Phelps (BarbaraPhelps) Added	

Since I still have 167 Fans, I need to do this step a few more times. To get up to 50 more Fans, just click on the small button that says "Refresh List". After this page finishes loading, you do steps A & B above, select all, then reciprocate.
NOTE: You may not be able to follow all your fans, just follow as many as you can.



STEP C: Refresh List if necessary


Flush **Grow** **Reciprocate**

Unfollow who are not following you Grow network, follow new people Follow your followers back

Added : 50, Selected : 50

Select : [All](#) | [None](#) [Follow & Lock](#) [Block](#) [Reciprocate](#) [Refresh List](#) [More](#)

<input checked="" type="checkbox"/>	 Wizard University (WizardUbiz) Added Followers 1610, Following 2001	Detail ▾
<input checked="" type="checkbox"/>	 Find More Savings (findmoresavings) Added	

 **KevinLindgren**
Oregon, USA

65 Followers: 20822
TwitIn Score Following: 21163
Friends: 20655
Stars: 508
Fans: 167

- [TwitIn Home](#)
- [Cross Follow](#)
- [Locked Users](#)
- [Buzzom Profile](#)

2) Flush Now is time to Flush the people who did not follow you previously. These people are listed under the listing "Stars". I have 508 Stars, so I will need to do this step around 10 times because you can only select 50 each time. Click the large "Flush" button to start. Continue these steps until you get "Stars" as close to Zero as you can.



STEP A: Select All

STEP B: Click the Small Flush button.

Flush **Grow** **Reciprocate**

Unfollow who are not following you Grow network, follow new people Follow your followers back

Select : [All](#) | [None](#) [Flush & Block](#) [Lock](#) [Flush](#) [Refresh List](#) [More](#)

<input type="checkbox"/>	 Jens Kegel (Kegelbruder) Followers 2450, Following 2530	Detail ▾
<input type="checkbox"/>	 UBC Tigers (UBC_Tigers) Followers 2176, Following 1860	Detail ▾
<input type="checkbox"/>	 Small Cap Network (SmallCapNetwork) Followers 10116, Following 10878	Detail ▾
<input type="checkbox"/>	 Guestbook Store	

STEP C: Refresh List if necessary

As you can see below, I only have 2 "Stars" left, so I am finished with the Flush function.

Flush

Unfollow who are not following you

Grow

Grow network, follow new people

Reciprocate

Follow your followers back

KevinLindgren
Oregon, USA

65

TwitIn Score

Followers: 20822
Following: 20687
Friends: 20685
Stars: 2
Fans: 137

TwitIn Home

Cross Follow

Locked Users

Buzzom Profile

Featured User :

Flushed : 6, Selected : 6

Select : [All](#) | [None](#)

Flush & Block

Lock

Flush

Refresh List

<input checked="" type="checkbox"/>		<p>jon (asur66) Followers 1219, Following 1999</p> <p style="color: green; font-size: 8px;">Removed</p> <p style="text-align: right; font-size: 8px; color: #4a86e8;">Detail ▾</p>
<input checked="" type="checkbox"/>		<p>John Taylor (LinkBuildingNut) Followers 1793, Following 1429</p> <p style="color: green; font-size: 8px;">Removed</p>

3) Grow Now is the time to grow your Twitter following. You do this by following as many people as Buzzom will allow you to. Twitter has a general rule that you can't follow more than approximately %10 of your followers. For example, if you have 5,000 followers, you are not allowed to follow more than 5,500 people. This does not take effect until you reach around 2,000 followers though. Buzzom knows these rules, and has a built in feature which will not let you follow more people than you are allowed, protecting your Twitter account.

STEP A: Select All

STEP B: Click the Small Grow button.

Flush

Unfollow who are not following you

Grow

Grow network, follow new people

Reciprocate

Follow your followers back

Select : [All](#) | [None](#)

Follow & Lock

Block

Grow

Refresh List

<input type="checkbox"/>		<p>Mike Mathiesen (healthysociety) Followers 25208, Following 26375</p> <p style="text-align: right; font-size: 8px; color: #4a86e8;">Detail ▾</p>
<input type="checkbox"/>		<p>Sweta Sharma (Sweta6) Followers 1852, Following 1865</p> <p style="text-align: right; font-size: 8px; color: #4a86e8;">Detail ▾</p>
<input type="checkbox"/>		<p>maicolkevin (maicolkevin) Followers 106, Following 577</p> <p style="text-align: right; font-size: 8px; color: #4a86e8;">Detail ▾</p>

STEP C: Refresh List until you can't follow any more people.

<input checked="" type="checkbox"/>		<p>Baluku's Guide (balukuguide) Added</p> <p>Followers 661, Following 1998</p> <p style="text-align: right; font-size: 8px; color: #4a86e8;">Detail ▾</p>
<input checked="" type="checkbox"/>		<p>Laura Fontane (GardenNation) Added</p> <p>Followers 10560, Following 11325</p> <p style="text-align: right; font-size: 8px; color: #4a86e8;">Detail ▾</p>
<input checked="" type="checkbox"/>		<p>COMPOSITES EUROPE (ceshow) Followers 1509, Following 1386</p> <p style="color: red; font-size: 8px;">Could not follow user: You are unable to follow more people at this time. Learn more here.</p> <p style="text-align: right; font-size: 8px; color: #4a86e8;">Detail ▾</p>
<input checked="" type="checkbox"/>		<p>Szene Stuttgart (SzeneStuttgart) Followers 799, Following 859</p> <p style="color: red; font-size: 8px;">Could not follow user: You are unable to follow more people at this time. Learn more here.</p> <p style="text-align: right; font-size: 8px; color: #4a86e8;">Detail ▾</p>
<input checked="" type="checkbox"/>		<p>Heath Clogg (ndsflix) Followers 2252, Following 2253</p> <p style="color: red; font-size: 8px;">Could not follow user: You are unable to follow more people at this time. Learn more here.</p> <p style="text-align: right; font-size: 8px; color: #4a86e8;">Detail ▾</p>

Buzzom has protected my Twitter account by stopping me from adding too many people at once. You are now finished, and need to wait about 2 days to do these 3 simple steps. 1) Reciprocate 2) Flush 3) Grow